

## Plans, Plan d'evasion, Chargers, etc.

**Beware, adult content and language follows, if you're easily offended, don't go any further.**

As you might imagine, I was more than a little reluctant to write about this sort of thing although I have known about the subject for a few years now. For one thing, you don't want people to think you're incredibly strange because the subject matter *is* incredibly strange.

You shouldn't make assumptions, this is just interesting history - the lengths that human beings will go to in order to survive whatever hostile environment that they might find themselves in.

Please remember the point of this is - history. Don't go thinking any strange thoughts and whatever you do, don't do this at home!

You might be sitting there and thinking, *"this is about prisoners and stuff, I'm not interested in that."* Or, you might think it's about some personal kink I have floating around in my head - I assure you that's not the case. *I'm not jinking anything and don't expect you to either.*

Yet, it is interesting on a few different levels and it's placed here for your consideration and nothing more.

The *"Escape Suppository"* as it has come to be known also has other names.

"Plan"

"Plan d'Evasion"

"Charger"

"Rectal Concealment"

The term "Charger" is apparently British slang for a "Plan." In a copy of Henri Charriere's "Banco" which was printed in Britain, the word "Plan" is replaced with "Charger." This was also the term used in the movie, "Man on Fire" for a plastic rectal concealment.

The information in this article was obtained from the following sources: Keith Melton's books "CIA Weapons & Equipment" and "The Ultimate Spy." The CIA description of suppository and "rectal" tool kit from those books, the writings of Henri Charriere and Rene Belbenoit, both survivors and escapees from French Guiana, John Minnery's "Kill Without Joy" and slight mention of it in an excellent book on the Federal Pen at Leavenworth, Kansas. That book is titled, "The Hot House."

Let's begin with "The Hot House." Here is an excerpt:

*"The most common spot for prisoners to hide keys, drugs and even hacksaw blades was inside metal cigar tubes - called 'butt plugs' - inserted into the rectum."*

Simple, primitive...not nearly as advanced as what you are about to read.

The escape suppository is not the sole domain of the desperate criminal. They have been designed, manufactured and issued by intelligence agencies in the past and probably still are. The line has been blurred between Special Operations Forces and Intelligence Operatives to the point that anyone in that business might have something along these lines as part of their Escape & Evasion Kit. You just never know, do you? As a matter of fact, if they don't have them on hand anymore, they should.

It is a well known fact that intelligence agencies and various special forces units have solicited the help of criminals in years past to obtain valuable information from them. To pick their brains, as it were, on subjects like breaking and entering, lockpicking, safecracking, stealing cars, escaping, smuggling, document forging and a plethora of other important topics they have a real-world practical knowledge of because of their line of work - crime.

If you don't believe that, then you have obviously not done your homework.

A few years ago, someone sent me a picture of several rectal concealments used by various intelligence agencies. If these pictures belong to someone and they object to having them here, I will remove them. I know nothing of their origin or, I forgot in the great mass of information I search for and receive from others. I know the one on the right is the CIA rectal suppository and tool kit found in Melton's book, "The Ultimate Spy."



Another suppository has what appears to be a tubular-type high security key, possibly to some country's high-security handcuffs.

The tool at the bottom appears to be some sort of folding saw or something similar to that.

You will notice that the CIA rectal tool kit has several tools: 2 cutting blades, 2 saw blades, 1 drill bit, 1 file, 1 grinding blade, 2 "reamers" and a pair of pliers/wirecutters that also serves as a handle for the various tools.

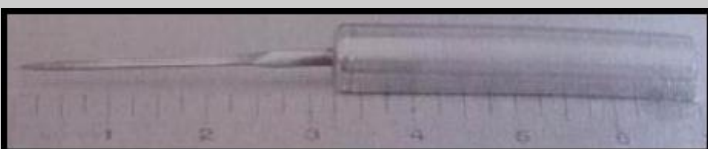
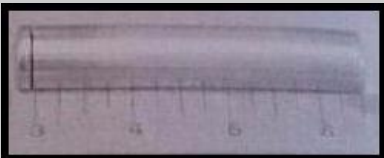
The fact that two of the tools are reamers should be quite funny to some of you people...truth is stranger than fiction. All of that contained in a rather cumbersome-looking rectal concealment suppository that looks like it would make a bull wince at the moment of entry.

### John Minnery - "Kill Without Joy"

In John Minnery's compilation book, *"Kill Without Joy!"* he has a picture of a "Plan." This book is a compilation of his entire *"How to Kill"* series of books. All of these books and the Master Compilation *"Kill Without Joy!"* have been out of print for some time now. As I understand the situation, Paladin Press agreed after the "Hitman Lawsuit" to stop publishing some books.

There are some people that are blatantly ripping Paladin Press off online, scanning and copying books. If someone wants me to take these three small pictures down, I will. I refuse to rip Paladin Press off and this is not ripping them off at all. If anything, it's preserving information that you could once obtain easily by purchasing a book. (I don't think this is a violation of law, posting a picture from a discarded book...likewise, if someone claims ownership of the other picture up above, I will remove it.) Plus, they get a free mention of their name, a win-win situation, free advertising...

The following is a series of pictures of this *Plan d'Evasion* from Minnery's book.



*"Le Plan"* in Minnery's *"Kill Without Joy"* does not unscrew in the middle but on the end. It has a very fine, Stiletto-like blade attached to the inside of the lid. You can unscrew the lid which would remove the blade too, turn it around and then screw it back in - making a very small but effective knife. More of

an icepick really, but we know what a deadly reputation icepicks have, don't we?

In the picture, there was a cutdown handcuff key, a smallish tension (turning) wrench and cutdown "snake rake" lockpick - as well as money and a .22 Short round of ammunition (presumably for use in a zip gun you would make later) in the "Plan."

### Henri Charriere - "Papillon" & "Banco"

Henri Charriere's book "Papillon" is a brilliant masterpiece of adventure and triumph over state-sanctioned torture and neglect on a level that most people cannot even begin to comprehend. His book, "Papillon," is cited in a medical article that is live-linked at the end of this article.

It is also a wealth of information for anyone interested in the more extreme aspects of surviving just about anything. To be blunt, your average bagnard in French Guiana received food, medical care and punishment that was about one or two steps above that which Col. Nick Rowe received from the VietCong. Now consider that Col. Nick Rowe was basically served a starvation diet with no medical care and plenty of physical and psychological torture. Please don't be offended at the inclusion of a Hero like Col. Nick Rowe, who was captured by the enemy while serving his country, with that of convicts in French Guiana - we're only speaking of the desperate circumstances of survival and nothing else.

Some of the prisoners in French Guiana received a starvation diet with little or no medical care and in place of beatings they had to work "Route Zero" - Kourou.

Basically, whenever the number of prisoners exceeded the Penal Colony's ability to even keep them on a starvation diet with minimal medical care, the death camp was reopened and men were sent there, ostensibly to build a road in the jungle, but in reality - they were sent there to die. And many of them did over the years and the Road to Nowhere was never completed and never would be completed because the men had no medical care and a starvation diet and were forced into hard labor.

*"And I had to hold on to my reserve as long as possible - the few diamonds I'd brought from El Dorado and two five-hundred-bolivar notes that I hoarded like a miser in my plan - a short aluminum tube that I shoved up my ass for safekeeping - just as if I were still in the clink. I'd never left off carrying my plan inside me, for two reasons: my hotel room was in a pretty rough part of the town, where I might be robbed; and if I carried money in my pocket, I might lose it. In any case, I'd been storing this tube up my ass for fourteen years now, so a year more or less didn't make much difference, and that way I was easy in my mind."*

- Henri Charriere "Banco" P.95-96

Now, only the most dire circumstances would drive men to such lengths. Those dire circumstances were a way of life and death in French Guiana. After over a decade in French Guiana, Charriere was so accustomed to carrying a plan he even used it to always carry whatever wealth he had at any given time for years after he escaped and earned his freedom and Citizenship.

For much more information about Henri's writings on the plan, refer back to the article on him [here](#).

### Rene Belbenoit - "Dry Guillotine" & "Hell on Trial"

Rene Belbenoit wrote extensively about the Plan and Plan d'evasion in his excellent book, "Dry Guillotine." Belbenoit makes a clear distinction between a "Plan" and a "Plan d'evasion."

Both containers, suppositories, were the same type of rectal concealment, the contents differed. A simple "Plan" carried money, jewels like pearls and diamonds, or other, small, contraband items.

The "Plan d'evasion," on the other hand, usually contained a key for regulation handcuffs used in French Guiana, small screwdriver and a small saw - escape tools.

*"Spraddle your legs and lean down - down, lean way down!*

*Cough! Again. Again.'*

*After making each of us bend over and cough, the examiner stuck a rubber-gloved finger into our rectum. Then, on finding nothing, allowed us to pass.*

*They were looking for our plans, or suppositories, Gury whispered to me. A plan, as it is known in French criminal jargon, is a hollow cylinder about 8 centimeters (3 inches) long and about 2 centimeters (3/4 inch) in diameter, made usually out of aluminum but sometimes even gold or ivory. It is divided in the middle and the two parts are held together by screwing one into the other. In this smooth container which is concealed by inserting it into the anus, convicts carry their money and other articles of small size which are of great value to them. These plans cannot be made of any metal which has corrosive qualities, as they would result in harm to the individual."*

Dry Guillotine, Pages 33 & 34

*"They found bits of wax in his cell, which led them to believe he'd had the knife a long time. He'd pushed it up inside of him like a suppository, sheathed in a coating of wax! Some trick, I say! It was a small knife, but a good one, made with an old razor."*

**Dry Guillotine, Page 113**

*"My comrade filled my suppository with tightly packed tobacco, inserting some carefully folded cigarette paper and a few match heads; while he did this, I hid three 5-franc bills and a razor blade in the seams of my trousers."*

**Dry Guillotine, Page 178**

*"So, in the night, kneeling under his bed, he partially cut a small hole in the decayed wood with the metal saw he carried in his plan d'evasion.\*"*

*\*This is a special escape suppository which contains a key for regulation handcuffs, a screw driver and a small metal saw; the compact outfit being made and sold by convicts working at the shops at Cayenne. Carried in addition to the regular money plan."*

**Dry Guillotine, Page 207**

Novelist Blair Niles visited French Guiana for research purposes and met Rene Belbenoit who was already writing extensively of his imprisonment at that time. She paid him for some of his manuscripts and also for him to delve into specificity on certain things she was interested in and she paid him for this information.

That information she purchased from Belbenoit became her novel, *"Condemned To Devil's Island: The Biography of an Unknown Convict."*

**Further Reading:**

["An unexpected benefit of pre-emptive rectal analgesic administration: the "key" to postoperative analgesia"](#) by Joel L. Parlow

*"Papillon"* by Henri Charriere, 1970

*"Banco: The Further Adventures of Papillon"* by Henri Charriere, 1973

*"Dry Guillotine: Fifteen Years Among the Living Dead"* by Rene Belbenoit, 1938

*"Hell on Trial"* by Rene Belbenoit, 1940/1951

*"Condemned to Devil's Island: The Biography of an Unknown Convict"* by Blair Niles, 1928

*"Cayenne: The Dry Guillotine"* by Charles Wellington Furlong, Harper's Magazine Vol. CXXVII, June 1913

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